

SUMMER FIT CAMP @ IAC

For kids and teens!
Ages 10-18

This 11 week summer camp will include:

- *Nutrition for kids
- *Introduction to the gym
- *Fun indoor & outdoor workouts

PLUS

- *Sport of the Week!

Camp starts
June 7th!!!

For more information ask the
front desk for a *Summer Fit*
Camp Flyer to take home!