

# Idaho ATHLETIC CLUB

## PRESENTS THE ANNUAL FITNESS CHALLENGE

January 11th - March 8th

### ***-DATES-***

✓ Pre-Registration:  
Dec. 14th - Dec. 22nd  
(Up to \$150 off personal  
training coupon upon  
pre-registration!)

✓ Registration  
& Measurements:  
Dec. 28th - Jan. 11th

✓ Midpoint Measurements:  
Feb. 8th - Feb. 14th

### ***-RULES-***

✓ Pre-Register to reserve a  
time to be measured and  
officially entered into the  
contest and receive your  
discounted personal  
training coupon!

✓ Midpoint measurements  
must be taken by  
February 14th to be an  
eligible winner.

✓ Contest officially ends  
March 8th at 9pm

### ***-PRIZES-***

- ✓ Plasma TV awarded to each club winner!
- ✓ Thousands of \$\$\$ of prizes TBA!